

February 17 1677.  
A  
Looking-Glass  
FOR  
GOOD WOMEN  
TO

Dress themselves by :

Held forth in the

LIFE & DEATH  
OF

Mrs. Katherine Clarke,

WHO

Dyed, Anno Christi, 1675.

Late Wife of

Mr. Samuel Clarke, Minister.

---

L O N D O N,

Printed for William Miller, at the Gilded  
Acorn in St. Paul's Church-yard, over  
against the little North Door. 1677. X

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THE  
LIFE and DEATH  
OF

Mrs. Katherine Clarke,

WHO

Died *Anno Christi*, 1675.

**K**atherine Overton (for Her Pre-  
so was her Virgin *rentage*  
Name ) was born at *and Birth.*  
*Bedworth* in the  
County of *Warwick*, four  
miles from *Coventry*, February  
the Twenty fifth, *Anno Christi*,  
1662. of Godly, and Religious  
Parents. Her Father was Mr.

B 3

*Valen-*

*Valentine Overton*, Rector of *Pedworth*, where he lived a constant, and painful Preacher of Gods Holy Word till he was almost Eighty two years old. Her Mother was Mrs. *Isa Overton*, a gracious Woman, and an excellent Huswife, who took off the whole burden of Family affairs, both within and without Doors from her Husband, that he might with the more freedom attend his Holy Calling.

*Her Education.*

*Early working of Graces.*

Our *Katherine* was, by these her Parents brought up Religiously, and it pleased God sometimes to plant the Seeds of Grace in her Heart, which first discovered themselves, when she was about fifteen years Old: At which time God was pleased to discover unto her the corruption of her nature, and some common mis-  
carriages

of carriages which are incident  
 unto youth: And these made  
 such a deep impression upon  
 her tender years, that where-  
 as she was naturally of a  
*cheerful Sanguine* Constitu-  
 tion, she now became serious,  
 and somewhat *Melancholy*:  
 Hereupon Satan, that Old Ser-  
 pent, and Enemy to our Souls,  
 assaulted her with many, and  
 various Temptations, where-  
 by he sought to quench these  
 Heavenly Sparks, to stifle this  
 New Creature in its first Con-  
 ception. But by frequent rea-  
 ding the sacred Scriptures, di-  
 ligent attending to the Word  
 Preached, and secret Prayer, it  
 pleased the All-Wise God to  
 support, and strengthen her  
 against him, and all his Devi-  
 ces. Yet did these conflicts  
 continue the longer, because  
 she had none to whom she

*Her Temp-  
 tations,  
 And sup-  
 port.*

durst unbosome her self, and make her Case known.

*More*

*Troubles.*

When she was about seventeen years old, she was by her Parents sent to *Simel* in *Northampton shire* to wait upon a young Lady, that was somewhat Related to her.

*Her return  
home.*

Yet this kind of life was so tedious and irksom to her, that at the end of Six Months she prevailed with her Parents to send for her home again. Hear the Narrative of it in her own Word as they were found Written in her Cabinet after her Decease.

*Her own  
account of  
her Con-  
version.*

“When (saith she) I was  
“but young, my Father being  
“at Prayers in his Family, I  
“many times found such  
“sweetness, and was so affect-  
“ed therewith that I could  
“not but wish that my Heart  
“might oftner be in such a  
“frame



and " frame. But Childhood, and  
 " the Vanities thereof soon  
 " cooled these Heavenly  
 " Sparks. But my Father cau-  
 " sed me to write Sermons,  
 " and to repeat the same ; As  
 " also to learn Mr. Perkins Wis-  
 " catechism, which I oft re-  
 " peated to my self when  
 " I was alone ; And therein  
 " especially I took notice of  
 " those places wherein he had  
 " set down the Signs and  
 " Marks of a strong, and weak  
 " Faith, being convinced in  
 " my Conscience that without  
 " Faith I could not be saved ;  
 " And that every Faith would  
 " not serve turn to bring me  
 " to Heaven.

" Hereupon I fell to Exa-  
 " mination of my self and  
 " though I could not find the  
 " Marks of a Strong, yet  
 " ( through Gods Mercy ) I  
 " found



" found the Marks of a true,  
 " though but weak Faith,  
 " which was some Comfort  
 " and support to me. And that  
 " God which began this good  
 " work in me, was pleased to  
 " quicken and stir me up to a  
 " diligent use of such means as  
 " himself had ordained and  
 " appointed for the encrease  
 " thereof: As Hearing the  
 " Word Preached: Receiving  
 " the Sacrament of the Lords  
 " Supper, and use of other pri-  
 " vate Duties.

" But when I was about  
 " seventeen years old my Pa-  
 " rents sent me to wait upon  
 " a young Gentlewoman in  
 " *Northamptonshire*, the on-  
 " ly Daughter of *Sr. W. W.* At  
 " which time being sent so far  
 " from my neer and dear Re-  
 " lations, and meeting with  
 " some other discouragements  
 in

"in the Family, through want  
 "of the means of Grace,  
 "which I formerly enjoyed, I  
 "grew very *Melancholy*.

"I began also to have great  
 "workings of Conscience in  
 "me, and Satan (that deadly  
 "Enemy to the health, and  
 "welfare of our Souls, who  
 "like a Roaring Lyon walks  
 "about continually seeking  
 "whom he may devour) took  
 "his advantage (through my  
 "Ignorance of his devices)  
 "to raise up fears, doubts,  
 "and terrors of Conscience in  
 "me, by reason of my mani-  
 "fold Sins, and for walking  
 "so unworthy Gods Mercies  
 "whilst I did enjoy them, and  
 "for being so unfruitful un-  
 "der the means of Grace, and  
 "so unable to obey God, and  
 "to keep his Commandments.

"And by reason hereof I

B. 5.

"I did

"had no Peace, nor rest in my  
 "Soul, Night nor Day, but  
 "was perswaded that all the  
 "threatnings contained in the  
 "Book of God against Wicked  
 "and Ungodly men did belong  
 "unto me, and were my Por-  
 "tion, as being one of them  
 "against whom they were de-  
 "nounced; Inſomuch as when  
 "I took up the Bible to read  
 "therein, it was accompanied  
 "with much fear and trem-  
 "bling; Yet being convinced  
 "that it was my Duty fre-  
 "quently 'to read Gods  
 "Word, I durſt not omit, or  
 "neglect it.

"Thus I continued a great  
 "while, bearing the burden of  
 "grievous Temptations, and  
 "inward Afflictions of Con-  
 "ſcience, yet durſt I not open  
 "the wound, nor reveal my  
 "condition to any, as think-  
 "ing,

ing and judging my condi-  
 tion and case to be like no  
 Bodies else: But God who  
 is rich and infinite in Mer-  
 cy, and Jesus Christ, who  
 bought his Elect at so dear  
 a rate, would not suffer any  
 of his to be lost, and there-  
 fore he was graciously plea-  
 sed to preserve, strengthen,  
 and uphold me by his own  
 power from sinking into  
 Hell through Despair, and  
 from running out of my  
 Wits.

Thus by reason of my  
 continual grief and anguish  
 of Heart Night and Day, I  
 was so weakned and chang-  
 ed within the compass of  
 these six Months, that when  
 I came home my Dear Pa-  
 rents they scarce knew  
 me.

Some years after her return, *Her*  
*growth in*  
*the Grace.*



• she ( for the most part ) continued in her Fathers Family, where by a diligent and conscientious use of the means, both publick and private, she did thrive and grow in Grace and in the knowledge of our Lord and Saviour Jesus Christ, as she increased and grew in Dayes and Years: and therewith also learned and exercised all parts of Huswifry, which might fit her for the Government of a Family, wen God should call her thereunto.

*Her  
Marriage.*

*February 2, Anno Christi, 1625.* Which was the same Day on which *K. Charles* the first was Crowned, she was, with the consent of Parents on both sides, married to *Mr. Sa. Clarke*, who at that time was Minister at *Shotwick*, four miles beyond *West-Chester*, who



who looked upon this Match as the greatest outward temporal Blessing that ever God bestowed upon him; whereby he could experimentally say, *That a Prudent Wife is the Gift of God*: And that in the enjoyment of her, he enjoyed more Mercies then he could well enumerate. But to descend to particulars, and to take notice of some of those virtues and Graces where-with God had beautified, and adorned her Soul.

First her Piety was signal and exemplary from her first Conversion to the Hour of her Death: Her life was not stained with any scandalous Sin, which might be a blemish, either to her Person, Profession, or Relations. She was a constant, and diligent attendant upon the Publick Ministry of

*Her Piety.*

of Gods Holy Word; And when she lived where she had the opportunity of hearing Lectures in the Week Day, she made choice to attend upon those who were most plain, practical, and powerful Preachers, from whose Sermons, and Gods Blessing upon them, she always sucked some spiritual nourishment and came home refreshed from them. And when Days of Humiliation, or Thanksgiving came, she never failed to make one among Gods People in the Celebration of them.

*Sabbaths  
Sanctified.*

The Lords Days she carefully Sanctified, both in Publick and in Private; rising earlier upon them then upon other's, especially when she had many young Children about her, that so she might have

opportunity, as well for se-  
 cret, as for Family Duties,  
 before she was called away to  
 the Publick. She was like un-  
 to *Dauids* Door-keeper, One  
 of the first in and last out of  
 Gods House. Her constant  
 Gesture at Prayer was Knee-  
 ling, thinking that she could  
 not be too humble before God.  
 Her usual manner was to  
 write Sermons to prevent  
 drowsiness and distractions,  
 and to help Memory, whereof  
 she hath left many Volumes,  
 and her Practice was to make  
 good use of them, by frequent  
 reading and meditating upon  
 them; And if at any time she  
 was cast into such Places, and  
 Company as were a hinde-  
 rance unto her in the strict  
 Sanctification of this Holy  
 Day, it was a grief and burden  
 to her.

There

*Scriptures  
read.*

There was no Day, that passed over her head (except Sickness, or some other unavoidable necessity hindered) wherein she did not read some portions of the Sacred Scriptures, both in the *Old*, and *New Testament*, and of the *Psalms*; and in Reading she took special notice of such passages as most concerned her self. She was frequent, and constant in Secret Prayer, and Meditation. She also read much in other good Books, especially, in the works of those Eminent, and excellent Divines, Mr. *Ambrose*, and Mr. *Keyner*; and in reading of them she used to transcribe such passages as most warmed her Heart.

*Sacra-  
ment pre-  
paration.*

She never neglected any opportunity of receiving the Sacrament of the *Lords Supper*,



per, and before her coming  
 to it, was very strict, and se-  
 rious in the Duty of *Self-Exa-*  
*mination*, and for her furthe-  
 rance therein, at those times  
 she read some of those Books  
 that treated upon that subject.  
 And the Fruits of her holiness  
 manifested themselves in the  
 exercise of those Graces  
 which God required of her.  
 She was not a Wordy, but a  
 Real Christian: A true *Isra-*  
*elite* in whom was no guile.  
 Her endeavour was to yield  
 universal, constant, cheerful,  
 and sincere Obedience to all  
 Gods Commandments, and  
 wherein she failed, and came  
 short, it was her grief, and  
 Burden. Her Meditations up-  
 on what she heard and read  
 were frequent: And her Heart  
 having *indited a good matter,*  
*her Tongue was as the Pen of a*  
*ready.*



*ready Writer*, taking Opportunities to speak to the Edification of those with whom she conversed.

She filled every Relation with the Exercise of such Graces, and Duties as were suitable thereunto, knowing that where Relative Duties are neglected, and not made conscience of, there also our pretended Religion is in Vain.

*A good  
Wife.*

First: As a Wife: She was singular, and very Exemplary in that reverence and obedience which she yielded to her Husband, both in Words, and Deeds. She never rose from the Table, even when they were alone, but she made courtesie. She never drank to him without bowing. His word was a Law unto her: She often denyed her self to gratify him: And when in her sickness,

sickness, and weakness he  
 mentioned her Case in parti-  
 cular unto God in his Prayers,  
 the Duty being ended, she  
 would make him courtesie,  
 and thank him. In case of his  
 absence she would pray with  
 her Family Morning, and E-  
 vening: The like she would  
 do in his presence, in case of  
 his Sickness, and inability to  
 perform the Duty himself.  
 Her Modesty, and Chastity  
 were rare, and remarkable:  
 But fitter to be conceived by  
 those which know what be-  
 long, to them, then to be ex-  
 pressed in Words. For there  
 is a conjugal, as well as a Vir-  
 ginal, and Vidual Chastity.

In Case of her Husbonds  
 Sickness, she was a tender, di-  
 ligent, and painful Nurse a-  
 bout him; Skilful, and care-  
 ful in making him Broths,  
 and:

and what else was needful for him. If at any time she saw him in Passion, with sweet and gentle words she would mollify and moderate it. She was often a Spur, but never a Bridle to him in those things which were good.

She was alwayes well pleased with such Habitations, as ( in their many removes ) he provided for her; And with such Apparel, and Diet as his means ( which was sometimes short ) would allow. She never grunched, nor grumbled at any of those Dispensations which Gods All-wise Providence carved out unto them.

*As a Mother.*

Secondly. As a Mother to her Children ( whereof God gave her nine, four Sons, and five Daughters ) she nourished them all with her own Breasts:

For Breasts ; was very handy and  
 handsome about them in their  
 minority ; Kept them sweet  
 and cleanly ; In neat and mo-  
 dest Habits ; Knew how to  
 order them both in Health and  
 Sickness. She loved them  
 dearly without fondness ; Was  
 careful to give them Nurture  
 as well as Nourishment, not  
 sparing the Rod when there  
 was just occasion. And as soon  
 as they were capable, she was  
 vigilant and diligent to season  
 their tender years with Grace  
 and Virtue, by instilling into  
 them the first grounds, and  
 Principles of Religion ; And  
 as they grew up, she did more  
 freely discover her tender Af-  
 fections to them, by Instructi-  
 on, advice, and good Counsel  
 as there was occasion ; And  
 when they were disposed of  
 abroad, by her gracious let-  
 ters,



ters, and hearty Instructions at their meetings, she laboured to build them up in grace and godliness: And God was pleased to let her see ( to her great Joy and Comfort ) the fruit of her Prayers, and pains in keeping them from scandalous Courses in these corruptions, and in working Grace in most of their Hearts. When they were married, and had Children, she was frequently making one thing or other for them.

*As a* Thirdly. As a Mistress to  
*Mistress.* her Maids: She was careful ( so far as she could ) to bring such as were Religious, at least, seemingly, into her Family; And having occasion to be much in their Company she would take all occasions and opportunities to manifest her love and care of their Souls



Souls, by frequent dropping in good Counsel, and wholesome Instructions; By Chatechising; Enquiring what they remembred of the Sermons they heard; Reading her Notes to them; Encouraging them in what was good, and with the Spirit of meekness blaming them for what was evil. And for Huswifery, and Household Affairs, she instructed their Ignorance, commended and incouraged what they did well, and her self ( being of an active, and stirring disposition, and having her hand in most busi-  
nesses ) set them a Pattern, and gave them an Example how to order the same. She was careful ( so far as possibly she could ) to prevent all spoil, and to see that they did not eat the Bread of Idleness.

To-

*As a  
Friend.*

Towards her friends, and her own, and her Husbands Relations she was courteous and amiable in her deportment, free and hearty in their entertainment. She would have plenty without want, and competency without superfluity, And also neatly and well ordered, that none which came to her Table (whereof some were Persons of Honor and Quality) but commended her Cookery, and were well pleased with their entertainment.

*Her House-  
wifery.*

In her Household Furniture she loved not to want, nor desired more then was needful. It was, though not costly, yet cleanly, and she was frequent in repairing and mending decays, and what was amiss, both in Linnens, and Wool-lens.

For

For her Apparel, she was *Her Habie*  
 never willing to have that  
 which was costly for the mat-  
 ter, or gairish for the manner:  
 Rather under then above her  
 Rank. For the Fashion of it,  
 it was grave and Exemplary,  
 without Newfangledness and  
 Levity. She followed *Peters*  
 directions which he gave to  
 Christian Women in his time  
 [1. Pet. 3. 3. &c.] whose a-  
 dorning, let it not be that out-  
 ward adorning of plaiting their  
 Hair, and of wearing of Gold,  
 or of putting on of Apparel. But  
 let it be the hidden man of the  
 Heart, in that which is not cor-  
 ruptible, even the Ornament of  
 a meek and quiet Spirit, which  
 is in the sight of God of great  
 price. For after this manner  
 in old time, the holy Women who  
 trusted in God adorned them-  
 selves being in subjection unto  
 C their

*their own Husbands.*

And whatsoever Apparel she had, she was careful to keep it from stains, and rends, and so soon as any thing was amiss presently to amend it, inso much as she made it last long, and yet it was always whole and neat. All her own, and Husbands linnens, she made her self, and much of her other Apparel: And at leisure times she imployed her self in knitting Stockings for her self and Grand-Children, and was as careful, and handy in mending her Husbands Cloaths, as her own.

*Her Charity.*

She was very Charitable to the Poor where ever she lived, according to that Estate wherewith God had entrusted her. She was ready to relieve such as were Objects of Charity, with Meat, or Drink, and



and to lend them Mony, and to minister some *Physical* things (whereof her Closet was never empty) according as their necessities required.

She had a very melting Heart, and truly Sympathized with the Church and People of God whether at home or abroad in all their sufferings, and rejoiced in their Prosperity. She was much affected with, and afflicted for that great loss which the Church of Christ had, when so many able, Godly, faithful, and painful Ministers were ejected; not thrust forth into, but thrust out from labouring in Gods Harvest; wherein her Husband, and two Sons were co-sufferers, to the loss of their livelihoods; yet the loss of their Liberty lay nearer to her Heart, and was a far greater

*Her Sympathy.*

Grief to her then the outward wants they were exposed to.

*Her Humility.*

Her Humility was not inferior to her other Graces. She had alwayes a very low esteem of her self, and was ready to prefer others before her self, and would not take it ill when her inferiors were set above her: She well remembered the Apostle *Peters* charge, *All of you be subject one to another, and be cloathed with Humility. For God resisteth the Proud, and giveth Grace to the Humble.* And that of St. Paul, *Rom. 12. 10.* *In honour prefer one another.*

*Her Love to God, & Man.*

Her Love to God, to his Ordinances, and to his Children was hearty, and without Dissimulation. She abhorred that which was evil, and cleave to that which was good. She was

was of so sweet and meek a disposition that she never used to speak evil of any, but was ever prone to forgive and forget wrongs.

She was very prudent in managing her Household affairs to the best advantage. She would have diverse Dishes of Meat with little cost; yet so dressed and ordered as made them grateful and pleasing unto all: When they were alone, she had such variety of Dishes and Dresses as prevented nauseousness. She was careful to see that nothing was lost or spoiled. By her wise and frugal managing her Household, though her husband had never much coming in, yet at the years end he could alwayes save something: So that her price to him was far above Rubies: His Heart trust-

*Her Prudence.*

ed in her. For she did him  
good, and not evil all the Dayes  
of her Life. Prov. 31. 10. 11  
12.

Her A-  
ctivity.

In her Younger Dayes she  
was healthful; Of a cheerful  
and active Spirit, and abhor-  
ring Idleness; She would have  
her Hand in every business. In  
her Old Age, though she was  
crazie, yet whilst she could  
stand, she would be about one  
kind of work or other. She  
bore her weakness and Afflic-  
tions with much Patience  
and holy submission to the  
will and good pleasure of  
God, she was so uniform in the  
frame of her Spirit, and so  
maintained her Peace with  
God through her Holy and  
humble walking, that when  
Death, many times in her sick-  
ness, threatned to seize upon  
her, She feared it not, as know-

Her  
Patience.



ing that it would be gain and  
 advantage to her: Concerning  
 which hear what she her self  
 left in writing which was  
 found after her Decease.

“ In my younger Dayes  
 “ (saith she) my spiritual Af-  
 “ fictions, and inward trou-  
 “ bles continued long before I  
 “ could attain to any assu-  
 “ rance of my Salvation: But  
 “ of late years it hath pleased  
 “ God of his infinite Mercy,  
 “ and Free Grace to give me  
 “ more Assurance of his un- *Her Faith.*  
 “ changeable Love to me  
 “ through Faith in his Rich-  
 “ and free Promises of Life,  
 “ and Salvation, through Je-  
 “ sus Christ, who is precious  
 “ to my Soul, and who is the  
 “ Author and finisher of my  
 “ Faith; God blessed for e-  
 “ vermore: To whom be  
 “ Praise and Glory World  
 C 4: with-

“without end *Amen.*

*Her amiable-  
ness.*

In her converse with her Friends *She opened her Mouth with Wisdom, and in her Tongue was the Law of Kindness* (Prov. 31.26.) which made her Company grateful unto all, and burdensome, or undervalued by none.

Divers years before her Death, upon catching Cold, she had many fits of Sickness, and weakness, and some of them were Violent as brought her neer unto Death; Yet the Lord had mercy upon her Husband and Family in raising her up again almost beyond hopes, and expectation.

*Afflictions sanctified.*

And she was alwayes a Gainer by her Afflictions, God making good that Promise to her, Rom.8.28. *All things shall work together for good to them that love God, To them who*

*who are Called according to his purpose.* For after those fits she walked more humbly, holily, fruitfully, and faithfully, both in her General, and particular Calling, as one that waited daily for the appearing of her Lord, and Master. The Winter before her Death, she enjoyed better Health then she had done for some Winters before.

*May the 25th. Anno Christi,* 1675. Some Friends came from *London* to dine with her, and that morning (according to her usual custom in such Cases) She was careful, and busy in providing for their kind intertainment: But it pleased God whilst they were at Dinner to strike her with a kind of Shivering, which made her look paler then ordinary, and after Dinner her

*Her last  
Sickness.*

Distemper continued, so that she was soon confined to her Chamber, and not long after, for the most part to her Bed. But herein God shewed her great mercy, and had respect to her weakness, in that, during all the time of her languishing she was free from Sickness, and pain, only sometimes she was troubled with some Stitches, which yet were tollerable, not violent: She was also troubled with some Vapours which made her Breath very short; Yet had she a pretty good Stomach, and she relished her Food well till about two Days before her Death; But then, though she did eat, yet she found little tast in her Meat. Her sleep was pretty good, and alwayes very quiet. She was never ill either after Food or Sleep.

Only

*Gods  
Mercy*



Only two Dayes before her Departure she slept little, by reason of the continual ruffling of Flegm in her Throat, when she wanted strength to expectorate.

As for the State of her Soul during all the time of her sickness, she enjoyed constant Peace and Serenity, and had (through Gods Mercy) much Joy, and Peace, by believing; Satan (that Roaring Lion) who uses to be most strong when we are most weak being so chained up by God that he had no power to molest her. She often cryed out *Hold out Faith and Patience*: She told her nearest Relation, when she saw him mourning over her, that she was going to be joyned to a Better Husband.

Her youngest Son, taking  
his,

his leave of her the Day before her Death, she gave him much Heavenly counsel for the good of his Soul, and Blessed him, and all his, as she did the rest of her Children and Grand-Children. She earnestly desired to be Dissolved, and breathed after a fuller enjoyment of *Jesus Christ*, which she accounted *best of all*. She would sometimes say, *that it was a hard thing to Dye: And This is a hard work.* Her Understanding, Memory, and Speech continued till within two Minutes of Death; And a little before, her Daughter speaking to her of *Jesus Christ*, She replied, *My God and my Lord*: And so *June* the 21, about five a Clock in the morning, She fell asleep, exchanging this Life for a better, without any alteration in

in her Countenance, but only that her colour was gone. She closed up her Eyes her self, as who should say, *It is but Death. winking, and I shall be in Heaven.* She changed her Place, but not her Company. She sickned May the 25th. Anno Christi, 1675. She concluded her Dayes June the Twenty First, being Munday, about five a Clock in the Morning, when having ended her last *Sabbath* upon Earth, she began to celebrate an Everlasting *Sabbath* in Heaven. She was Aged Seventy three years and about four Months, and had been married almost Fifty years.

Thus did this Holy Woman wear out, not rust out: Burn out, was not blown out: Yea, she flamed, not smothered out, she served God

God in her Generation, and  
 then retired into that Place  
 where is Health without Sick-  
 ness : Day without Night :  
 Plenty without Famine : Rich-  
 es without Poverty : Mirth  
 without mourning : Singing  
 without sighing : Life with-  
 out Death : And these, with  
 infinite more to all Eternity.  
 There is unspotted Chastity :  
 Unstained Honor : Unparal-  
 led Beauty. There is the Tree  
 of life in the midst of this  
*Paradise*. There is the River  
 that waters the Garden :  
 There is the Vine flourishing,  
 and the Pomgranate budding :  
 There is the Banqueting-  
 House where are all those De-  
 licacies, and Rarities where-  
 with God himself is delighted.  
 There shall the Saints be a-  
 dorned, as a Bride, with rare  
 Pearls, and sparkling Dia-  
 monds.



monds of Glory. A Glory  
fitter to be Believed, then pos-  
sible to be Discourfed. An Ex-  
ceeding, *Excessive*, *Eternal*  
*weight of Glory* ( 2 Cor. 4. 17. )  
Even such a weight, as if the  
Body were not upheld by the  
Power of God, it were impos-  
sible but that it should faint  
under it: as an eminent Divine  
speaketh.

After Mrs. *Clarks* Decease  
their was found in her Cabi-  
net a Paper which by frequent  
using, was almost worn out.  
It contained a Collection of  
these several Texts of Scrip-  
ture which she had recourse  
unto in times of Temptation,  
or Desertion.

Who is among you that  
feareth the Lord: That obey-  
eth the Voice of his Servant :  
That walketh in darkness and  
hath no Light : Let him trust

*Promises .  
to strength-  
en her  
Faith.*

in

in the Name of the Lord and  
 stay upon his God, *Isa.* 50.  
 10.

For the Name of the Lord  
 is a strong Tower; The Right-  
 eous run unto it, and are safe.  
*Prov.* 18. 10.

Thou wilt keep him in per-  
 fect Peace, whose Mind is stay-  
 ed on thee, because he trust-  
 eth in thee, *Isa.* 26. 3.

Blessed is the Man that ma-  
 keth the Lord his trust, *Psa.*  
 40. 4.

Blessed is the Man to whom  
 the Lord imputeth not Sin.  
*Psal.* 32. 2.

Though our Hearts may  
 fail us, and our Flesh may fail  
 us, yet God will never fail us.  
*Psa.* 73. 26. For he hath said,  
 I will never leave thee nor  
 forsake thee, *Heb.* 13. 5.

And again: I will be a Fa-  
 ther unto you, and ye shall be  
 my

my Sons and Daughters, saith  
the Lord Almighty. 2 Cor. 6.  
18.

I, even I am he that blotteth  
out thy Transgressions for  
mine own sake, and will not  
remember thy Sins, *Isa.* 44.  
25.

My Grace is sufficient for  
thee : For my strength is made  
perfect in weakness, 2. Cor.  
12. 9.

By Grace you are saved  
through Faith, and that not  
of your selves : *Ephes.* 2. 8.

I give unto them Eternal  
Life, and they shall not perish,  
neither shall any man pluck  
them out of my Hand, *Job.*  
10. 28.

Who are kept by the Pow-  
er of God, through Faith un-  
to Salvation. 1. Pet. 1. 5.

The Foundation of God  
standeth sure, having this  
Seal :

Seal : The Lord knoweth  
who are his, 2. *Tim.* 2.19.

There is therefore now no  
condemnation to them which  
are in *Christ Jesus*, who walk  
not after the Flesh, but after  
the Spirit. *Rom.* 8. 1.

*Christ* is the end of the Law  
for Righteousness to every  
one that believeth. *Rom.*  
4.10.

It is God that justifieth  
who is he that condemneth  
*Rom.* 8.33.34.

The promise is to you, and  
to your Children, and to all  
that are afar off; Even as  
many as the Lord our God  
shall call, *Act.* 2.39.

The Gifts, and Calling of  
God are without Repentance  
*Rom.* 11. 29.

These Texts of Scripture  
having been as so many Com-  
munications unto her in Times  
Temp



Temptation, it is hoped that they may prove so to others, and therefore for their sakes they are here set down. And hereby it appears that she was not without some shakings, but, through Gods Mercy, they were such as made her root the faster: And by her prudent, and seasonable holding forth the Shield of Faith, and the Sword of the Spirit, she became more than a Conquerour, through him that had loved her.

In another little Book, which was found after her Death, she gives this account of herself and of Gods gracious dealing with her.

From the beginning (*writes she*) of Gods shewing me Mercy in my Conversion.

I here set down Gods gracious dealings with me, not  
 for

*Her Conversion.*

for mine own Praise, but for the Glory of God, and to stir up my Heart unto true Thankfulness for such invaluable Mercies. And then she set down the time, manner, and means of her Conversion: And afterwards proceeds thus.

*What have been my Experiences of Gods gracious dealings with me at several times under Afflictions : As*

“First when Personal Afflictions have lain upon me,  
“in regard of Bodily Sickness or Spiritual Distempers.

“Secondly. Or, Family Afflictions, when God hath taken away my dear Children.

“Thirdly : Or, when I have been under fears that God would take away my dear

“ dear Husband , by some  
 “ dangerous Sickneſs which  
 “ he lay under.

“ Fourthly , Or when I  
 “ have been under great fears  
 “ in the time of our Civil  
 “ Wars.

“ Fifthly, Or when I have  
 “ been under ſpiritual Deſerti-  
 “ on , by Gods hiding his  
 “ Face, and Favour from me.  
 “ Or by reaſon of weakneſs,  
 “ and wants in Grace : Or by  
 “ reaſon of ſtrong, and pre-  
 “ vailing Corruptions. Or by  
 “ reaſon of Satans Temptati-  
 “ ons : In all which Caſes ſhe  
 “ left a memorial of Gods  
 “ gracious diſpenſations to-  
 “ wards her. I ſhall ſet down  
 “ only a few of them.

“ It pleaſed God ( ſaith ſhe )  
 “ for many years, to keep me  
 “ ( for the moſt part ) in a ſad  
 “ and diſconſolate eſtate, and  
 “ con-

" condition, not cleerly Evi-  
 " dencing the certain Assu-  
 " rance of his Love to my  
 " Soul: So that many times I  
 " questioned whether I was a  
 " Child of God or no: Whether  
 " I had part in *Christ Jesus*  
 " or no: Whether I should e-  
 " ver attain to Life and Sal-  
 " vation or no: And this  
 " made me walk with a droo-  
 " ping, and disconsolate Spi-  
 " rit, so that I could take no  
 " true comfort in any thing:  
 " But though *heaviness* endu-  
 " red for a Night, Yet joy came  
 " in the Morning, when the  
 " Lord caused the Light of  
 " his Countenance to shine  
 " upon me, which was bet-  
 " ter then Life.

" It pleased God upon the  
 " Death of my youngest  
 " Child, that it lay very hea-  
 " vy upon my Spirit, info-  
 " much



" much as I was brought oft  
 " upon my Knees to beg sup-  
 " port from God and to crave  
 " his Grace and assistance that  
 " I might not break out to  
 " speak, or act any thing  
 " whereby Gods Name might  
 " be dishonoured, or the  
 " Gospel discredited: And  
 " that he would be pleased to  
 " make up this outward loss,  
 " with some more durable,  
 " and spiritual Comforts:  
 " And I found a seasonable,  
 " gracious, and speedy an-  
 " swer to these my Requests.  
 " For though I lay long un-  
 " der the burden of that loss,  
 " yet in this time did the  
 " Lord sweetly manifest his  
 " special Love to my Soul, as-  
 " suring me that he was my  
 " gracious and reconciled  
 " Father in *Christ*; whereby  
 " my Love to him was much  
 " en-

" increased, and even infla-  
 " med ; So that, by his Grace,  
 " it wrought in me more di-  
 " ligence, and carefulness to  
 " maintain and preserve these  
 " Evidences of his Love, and  
 " to yield a holy submission  
 " unto his Will, as well in suf-  
 " fering, as in doing : As also  
 " by avoiding whatsoever  
 " might provoke him to  
 " withdraw the Evidences of  
 " his Love from me, without  
 " the sense whereof I could  
 " take little or no comfort in  
 " any thing.

" And furthermore, I bless  
 " God for it, and speak it to  
 " the Praise, and Glory of  
 " his Rich and Free Grace, My  
 " Prayers, and earnest Desires  
 " have been answered, by Gods  
 " giving me comfortable As-  
 " surance, both from the Te-  
 " stimony of his Holy Word,  
 " and

"and the witness of his Blef-  
 "sed Spirit, of my Eternal,  
 "and Everlasting Salvation  
 "in, and by *Jesus Christ*. Yet  
 "have I not been without  
 "fears, and doubtings many  
 "times, through want of  
 "looking over my Evidences,  
 "or by neglecting to keep a  
 "narrow watch over my  
 "Heart; Or from weakness  
 "of my Faith, and all through  
 "my own default and negli-  
 "gence. The Lord pardon it,  
 "and make me more circum-  
 "spect for the time to come.

By all these I have gained  
 this Experience.

"First: That God is true  
 "and faithful in making  
 "good all his Promises seaso-  
 "nably unto us: As, That  
 "all things shall work toge-  
 "ther for our Good. And  
 "that God will never fail us,

D

" nor

“nor forsake us, &c.

“Secondly: That it is not  
 “in vain to wait upon God,  
 “and to seek unto him in our  
 “Straits, who is mote ready  
 “to hear then we are to ask.

“Thirdly: That I desire to  
 “see: Yea, and the Lord  
 “hath shewed me the vanity,  
 “and incertainty of the most  
 “satisfying Comforts that  
 “this World can afford, and  
 “what an emptiness there is  
 “in them, that so I may, and  
 “I desire so to do, keep  
 “weaned affections towards  
 “them and to sit loose from  
 “them, that I may be ready  
 “to part with them, when  
 “God calls them from me or  
 “me from them.

Again in regard of Bodily weakness and Sicknes, my *Experiences* have been these.

“First: That as a broken  
 “Shoul-



"Shoulder can bear no Bur-  
 "den; So the least Distemper,  
 "when the Heart is not in an  
 "holy frame and temper is a  
 "burden insupportable. If  
 "God hides his Face from us,  
 "and withdraws the Evi-  
 "dences of his Love, and de-  
 "nies to assist us by his  
 "strength, we can neither do,  
 "nor suffer any thing. And  
 "on the Contrary, I found by  
 "Experience, that I could  
 "with much cheerfulness, ho-  
 "ly submission and willing-  
 "ness, bear great Distempers,  
 "when I enjoyed the favour of  
 "God in them: So that then  
 "I could readily say, *Good is*  
 "the work of the Lord as  
 "well as his *Word*. And, I  
 "will bear the Indignation of  
 "the Lord because I have sinned  
 "against him. Mich. 7. 9. And,  
 "Though he slay me, yet will I

“*trust in him. Job. 13. 15.*

“Secondly, I found by experience also, that by my pains and Sicknes I was the better able to *Sympathize* with, and to pitty and pray for others in the like Case.

“Thirdly, Hereby I learned the more to prize Health: And that: First, Because in Health we have liberty, and opportunity to enjoy the Publick Ordinances with others of Gods People, whereby the Graces of Gods People are quickened, strengthened, and increased in us which otherwise (by reason of our corrupt natures) are apt to grow cold and languish, as will our Bodies when they want food.

“Secondly, Because in Health we enjoy the benefit  
“and

"and the comfort of sweet, and  
 "quiet sleep, which much re-  
 "freshes and cheers, and which  
 "commonly we want in  
 "Sickness.

"Thirdly, Because in  
 "Health we find sweet satis-  
 "fying comfort in the use of  
 "Gods good Creatures, where-  
 "as in Sickness the daintiest  
 "Food is lothsome and trou-  
 "blesome. The consideration  
 "of these things made me the  
 "more to prize Health; To  
 "be very thankful for it, and  
 "the more careful to imploy,  
 "and improve Health, and  
 "strength to Gods Glory, and  
 "the furtherance of mine  
 "own Salvation.

In regard of Publick Dan-  
 gers I have had a great deal of  
*Experience* of Gods goodness  
 towards me and mine several  
 wayes, and at several times. For

"First: When in the be-  
 "ginning of our Civil Wars  
 "and distractions I was some-  
 "times overwhelmed with  
 "base and distrustful Fears,  
 "occasioned by my not act-  
 "ing Faith upon the Promi-  
 "ses, and not remembering  
 "my former *Experiences*, not  
 "considering Gods love, pow-  
 "er, and fidelity to his Chil-  
 "dren, in performing his so  
 "many gracious Promises,  
 "made unto them in all e-  
 "states, and conditions, and  
 "to me among the rest: Here-  
 "upon I resolved, by Gods  
 "Grace and assistance not to  
 "give way to this distrust and  
 "diffidence, praying God to  
 "assist me therein, and found  
 "more courage then former-  
 "ly, so far as I know mine  
 "own Heart (though truly  
 "the Heart is very deceitful,



"as I have found by sad expe-  
 "rience) The Lord teach and  
 "enable me to rely upon him  
 "with more courage and con-  
 "fiancy, and more to live by  
 "Faith upon his Promises then  
 "formerly I have done.

"Indeed I have been apt to  
 "fall into new fears upon ap-  
 "proaching dangers; Yet up-  
 "on succēsses, and glorious  
 "Deliverances, I have oft re-  
 "solved never to distrust God  
 "again, and yet my naughty  
 "Heart hath deceived me, and  
 "made me ready to faint. But  
 "this I found by *Experience*,  
 "to the Praise of my Gods  
 "Free Grace, that as troubles  
 "have abounded, my conso-  
 "lations have much more a-  
 "bounded. For God brought  
 "seasonably into my mind  
 "many pretious Promises,  
 "which were as so many

" Sweet Cordials , which  
 " much supported and com-  
 " forted my Heart, and up-  
 " held my Spirit, when also  
 " new storms have arisen, and  
 " unexpected Deliverances  
 " have followed, I have, and  
 " do resolve, by Gods Grace,  
 " not to distrust him any  
 " more. Yea, though more  
 " and greater dangers shall a-  
 " rise, yet will I trust in, and  
 " stay my self upon him,  
 " though ( as Job said ) he  
 " should slay me. The good  
 " Lord establish my Heart in  
 " this good and holy resoluti-  
 " on, who is able to keep us  
 " to the end, and hath Promi-  
 " sed that he will preserve us  
 " by his Power, through Faith  
 " to the Salvation of our  
 " Souls.

In regard of Satans Temp-  
 tations ; Especially concer-  
 ning

ning my coming to the Sacrament of the *Lords Supper*, my *Experiences* have been these.

"Finding often that I was  
 "very unable to fit and pre-  
 "pare my self for a com-  
 "fortable approach to that  
 "Sacred Ordinance, I used to  
 "desire the Prayers of the  
 "Congregation unto God in  
 "my behalf, and I used the  
 "best endeavours I could in  
 "private, as God enabled me;  
 "though I came far short of  
 "what was required, and of  
 "what I desired: So that I  
 "did trust, and hope, through  
 "Gods mercy, to find a com-  
 "fortable Day of it, and to  
 "have it a Sealing Ordinance  
 "to my Soul. But on the con-  
 "trary, I found much dead-  
 "ness, and little spiritual tast,  
 "relish, and comfort in the  
 "use of it: So that my Spirit:

D. 5.

"was,

" was oft much troubled, and  
 " cast down in me; fearing  
 " lest I had some secret Sin  
 " undiscovered, and unrepen-  
 " ted of, which caused the  
 " Lord thus to hide his Face  
 " from me.

" But then my gracious  
 " God brought this into my  
 " mind, that the Lord doth  
 " sometimes afflict us for the  
 " exercise, and improvement  
 " of our Graces, as well as to  
 " humble us for our Sins. I  
 " also considered, that as the  
 " Lord doth tender great  
 " Mercies to us in this Sacra-  
 " ment, renewing his Cove-  
 " nant of Grace, and Sealing  
 " unto us the Pardon of our  
 " Sins in the Blood of *Christ*:  
 So he gives us leave to engage  
 our selves ( by renewing our  
 Covenant with him ) to be-  
 lieve in him, and to trust upon



*Christ for Life and Salvation :*  
 And it pleased God to give  
 me Faith to apply this in per-  
 ticular to my own Soul : And  
 a while after, to shew me, and  
 to make good to my Soul that  
 pretious , and comfortable  
 Promise, That though *he hide*  
*his Face from us for a little*  
*moment, yet with Mercy, and*  
*loving kindness he will return*  
*to us again.* This was a won-  
 derful comfort, and support  
 to my dejected Heart : Blessed  
 be the Lord for ever, I desire  
 to treasure up these *Experien-*  
*ces,* that for the future, I may  
 resolve in the like case to put  
 my whole trust and confi-  
 dence in him, that so Satan  
 may not entrap me in his  
 Snares through unbelief, but  
 that I may resist *him steadfast*  
*in the Faith :* for I am not al-  
 together ignorant, of his *De-*  
*vices.*

vices. Gods Promise is, that in all these things we shall be more then Conquerour, through him that hath loved us: And hath said that this is the Victory which overcomes the World, even our Faith. 1. Job. 5:4.

In the year 1669: there came to us the sad news of the Death of my second Son Mr. John Clarke, a godly, faithful, and painful Minister sometimes before ejected out of the Rectory of Cotgrave in Nottingham-Shire, who died the 18th of September.

Thus as the Waves of the Sea follow one another, so God is pleased to exercise his Children with one Affliction after another. He sees that whilst we carry about with us this Body of Sin, we have need of manifold Trials, and Temptations, as saith the Apostle

1. Pet. 1. 6. — now for a season ye are in heaviness ( if need be ) through manifold Temptations ; to keep us under, and to make us the better to remember our selves.

Indeed it hath been the Lords course and dealing with me ever since he stopped me in the way as I was posting to Hell, to raise up one Affliction or other, either inward or outward, either from Satan, the World, or from mine own corrupt Heart, and nature, not having Grace and Wisdom to behave and carry my self as I ought under his various Dispensations and Providences, as appeared at this time by his laying so great and grievous an Affliction upon me in taking away so dear a Son, from whom I had much Soul-comfort, and ardent Affections.

fections, which he manifested by his fervent Prayers for me, and by his spiritual Letters, and Writings to me, wherein he applyed himself suitably to my Comfort in those inward troubles of Heart and Spirit which lay upon me. This caused my Grief and Sorrows to take the greater hold on me, upon the loss of one who was so useful to me: Yet hereby I do not derogate from my Elder Son, from whom I have the like help, and Comfort.

Upon this sad occasion my Grief grew so great that I took no pleasure of any thing in the World: But was so overwhelmed with Melancholy, and my natural strength was so abated, that little Food served my turn, and I judged that I could not



live long in such a condition.

Hereupon I began to examine my Heart why it should be so with me, and whether carnal and imoderate Affections were not the great Cause of my trouble, which I much feared; And having used many Arguments and laid down many reasons to my self to quiet and moderate my Passions, and yet nothing prevailed to quiet and calm my Heart, and to bow me to the Obedience of his revealed Will: And withal, considering that it was God only that could quiet the Heart, and set our unruly, and carnal Affections into an holy frame and order, and, That he was *a present Help in times of trouble*, I often and earnestly sought unto the Lord with  
many

many Prayers, and Tears, beseeching him to quiet my Heart, and to over power and tame my unruly Affections, so as to be willing to submit unto him, and to bear his Afflicting Hand patiently and fruitfully, and to be ready and willing to submit (either in doing or suffering) to whatsoever he pleased to impose upon me: And to be ready to part with the best outward Comfort I enjoyed whensoever he should please to call for the same.

And it pleased God seasonably to hear my Prayer, to regard my Tears, and to grant my Requests, by calming, and quieting my Heart, and Spirit, and by giving me much more contentedness to submit to his Holy Will, and good Pleasure who is a God of judgment.

ment and knows the fittest times and seasons to come in with refreshing comforts and who *waits to be gracious* unto those that trust in him. Yet surely I was not without many Temptations in this Hour of Darkness from that subtile Adversary who always stands at watch to insinuate and frame his Temptations answerable to our Conditions, and like a *Roaring Lyon walks about continually, seeking to devour poor, yet pretious Souls.* Then I called upon the Lord in my distress, and he answered me and delivered me.

Bless the Lord O my Soul; and all that is within me Praise his Holy Name. For he hath remembered me in my low and troubled estate, because his Mercy endureth for ever.

Having thus had new experi-

perience of Gods readines to hear and help when I called upon him; And having found that it is not in vain to seek to, and to depend upon God in all our Straits. I could not but record these things, that so Every one that is Godly may seek unto him in a time wherein he may be found, who is a present help in times of trouble, and who doth for us abundantly above what we can ask, or think

The Lord knows that I write these things for no other end, but that God may have the Glory, and that others, especially my Relations, may be encouraged to seek God in their Straits, and to trust in him at all times. Amen.

After her Decease there was also found in her Cabinet a Paper with this Superfcription  
My



My Will and desire is  
 ( with the leave of my Husband ) to bestow upon my  
 Children these things as tokens of my Motherly Affections, and that I may be remembered by them. She began with her Husband, and what she gave to him and all the rest, were all wrapped up in several Papers, and each Name endorsed on the outside to whom it did belong, And then concludes all thus.

*But above all, my Prayers unto God are, that he would especially bestow upon you, all needful Saving Graces, whereby you may be enabled to Glorifie his Great Name, in those several places and callings wherein he hath set you. Amen, Amen.*

She left also Legacies to some Poor Neighbours: As  
 also

also ten shillings to Mr. W. the Minister of the place, to buy him a mourning Ring Concluding thus.

If God shall please to bring me to my Grave in Peace, let this be the Text at my Funeral, *Ephes. 2.8. For by Grace ye are saved, through Faith.* This Scripture I was oft put upon to have recourse to in times of Temptations, and Desertion.

In an other little Book she had collected sundry Texts of Scripture, which might minister grounds of great Comfort against Satans Temptations, whereby he labours, by setting before us a black Bill of our Sins, and daily Infirmities, and our great inabilityties to every Good Duty, to blot out our Evidences, to stagger our Faith, and to make

us go heavily, and drooping  
in our way to Heaven.

*Isa. 1. 17. 18.* Cease to do Evil, Learn to do well: ———

And then, Though your Sins  
be as Scarlet, they shall be as  
white as Snow: Though they  
be red as Crimson, they shall  
be as Wool.

*Isa. 43. 25.* I, even I am  
he that blotteth out thy  
Transgressions for mine own  
sake, and will not remember  
thy Sins.

*Ezek. 16. 6.* When I passed  
by thee, and saw thee polluted  
in thy Blood, I said unto thee  
when thou wast in thy Blood,  
*Live*: Yea, I said unto thee  
when thou wast in thy Blood,  
*Live*, V. 8. When I passed  
by thee, and looked upon  
thee, behold! Thy time was  
the time of Love: And I  
spread my Skirt over thee,  
and

and covered thy Nakedness  
 Yea, I sware unto thee, and  
 entred into a Covenant with  
 thee (saith the Lord God)  
 and thou becamst mine. V. 9.  
 Then washed I thee with Wa-  
 ter: Yea, I thoroughly wash-  
 ed away thy Blood from thee,  
 and anointed thee with Oyl.

*Ezek. 36. 26, 27.* A New  
 Heart will I give you, and a  
 New Spirit will I put within  
 you: And I will take away  
 the Stony Heart out of your  
 Flesh, and I will give you an  
 Heart of Flesh. And I will  
 put my Spirit within you, and  
 cause you to walk in my  
 Statutes, and ye shall keep my  
 Judgments and do them.

*Lam. 3. 31.* The Lord will  
 not cast off for ever.

*Joel 3. 16.* The Lord will  
 be the Hope of his People.

1. *Joh. 1, 9.* If we con-  
 fess



selfs our Sins, he is faithful and just to forgive us our Sins, and to cleanse us from all Unrighteousness. He that believes shall be saved.

*Rom. 8. 33.34.* Who shall lay any thing to the charge of Gods Elect? It is God that Justifies: Who is he that Condemneth?

*2. Tim. 2. 13.* If we believe not ( that is, If sometimes we are not able to a Faith ) yet God is faithful: He cannot deny himself.

*Eph. 1. 4* According as he hath chosen us in him before the Foundation of the World.  
*V. 5.* Having Predestinated us to the Adoption of Children by *Jesus Christ* to himself, according to the good pleasure of his Will. *V. 6.* To the Praise of the Glory of his Grace, wherein he hath made  
 us

us accepted in the Beloved  
 7. In whom we have Re-  
 demption through his Blood,  
 the forgiveness of Sins,  
 through the riches of his  
 Grace.

2. *Thes. 5. 9.* For God hath  
 not appointed us unto Wrath:  
 But to obtain Salvation  
 by *Jesus Christ* our Lord.

*Joh. 10. 28. 29. 30.* I give  
 unto them Eternal Life, and  
 they shall never perish, nei-  
 ther shall any Man pluck them  
 out of my Hand. My Father  
 which gave them me is great-  
 er then all, and no Man is a-  
 ble to pluck them out of my  
 Fathers Hand: I and my Fa-  
 ther are one.

*Isa. 50. 10.* Who is among  
 you that searcheth the Lord,  
 that obeyeth the voice of his  
 Servant; That walketh in  
 darkness, and hath no Light:  
 Let

Let him trust in the Name of the Lord, and stay upon his God.

*Psa. 32. 1, 2.* Blessed is the Man whose iniquity is forgiven; Whose Sin is covered. Blessed is the Man to whom the Lord imputeth not Sin.

*Ephe. 2. 8.* For by Grace you are saved through Faith, and that not of your selves: It is the Gift of God.

*Rom. 6. 14.* Sin shall not have dominion over you: For you are not under the Law, but under Grace.

*Rom. 8. 1.* There is therefore now no Condemnation to them which are in Christ Jesus who walk not after the Flesh, but after the Spirit.

*Psa. 73. 26.* Though our Hearts may fail us, and our Flesh may fail us, yet the Lord will never fail us.

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Jer.

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*Jer.* 31. 3. For he hath loved us with an everlasting Love.

*Isa.* 26. 3, 4. Thou wilt keep him in perfect Peace, whose mind is staid on thee, because he trusteth in thee. Trust in the Lord for ever. For in the Lord Jehovah is everlasting Strength.

Promises of Protection, Assistance, Comfort, and deliverance, whereby our Hearts may be upheld in the evil Day.

*Ezek.* 9. 4. Go through the midst of *Jerusalem*, and set a mark upon the Foreheads of them that sigh and cry for all the abominations that are done in the midst thereof.

*Psal.* 34. 6. This Poor man cried, and the Lord heard, and saved him out of all his troubles. 7. 19. Many are the Affli-



Afflictions, of the Righteous :  
But the Lord delivereth them  
out of them all.

*Psal.* 46, 1. God is our re-  
fuge and strength: A very  
present help in trouble. v. 2.  
Therefore will not we fear,  
&c.

*Psa.* 42. 11. My Soul,  
why art thou cast down, and  
disquieted within me? Hope  
thou in God : for I shall yet  
Praise him, who is the health  
of my countenance, and my  
God.

*Isa.* 3. 10. Say ye unto the  
Righteous, it shall be well  
with him.

*Prov.* 3. 25, 26. Be not  
afraid of sudden Fear, neither  
of the desolation of the wick-  
ed when it cometh. For the  
Lord shall be thy Confidence,  
and shall keep thy Foot from  
being taken.

*Psa.* 3. 8. Salvation belongeth to the Lord: Thy Blessing is upon thy People.

*Psa.* 4. 3. Know that the Lord hath set apart him that is godly for himself: The Lord will hear when I call unto him. *v.* 8. I will both lay me down in Peace, and Sleep. For thou Lord only makest me dwell in safety.

*Nabum* 1. 7. The Lord is good: A strong hold in the Day of trouble, and he knoweth them that trust in him.

2. *Tim.* 1. 12. I know whom I have believed; And I am perswaded that he is able to keep that which I have committed to him against that Day. For: *Gen.* 17. 2. He is God Almighty.

Promises made to Gods People in the most dangerous Times.

Times. What confidence we should have in God.

*Psa. 27. 1, 2, 3.* The Lord is my Light and my Salvation, whom shall I fear? The Lord is the strength of my life, of whom shall I be afraid. When the Wicked even mine Enemies, and my Foes came upon me to eat up my Flesh, they stumbled and fell. Though an Host should encamp against me, my Heart shall not fear. Though War should rise against me, in this will I be confident. *v. 4.* One thing have I desired of the Lord, that will I seek after: That I may dwell in the House of the Lord all the daies of my life. *v. 5.* For in the time of trouble he shall hide me in his Pavilion: In the secret of his Tabernacle shall he hide me: He shall set

me up upon a Rock. Therefore  
*v. 9.* Hide not thy Face from  
 me. Put not away thy Ser-  
 vant in Anger: Thou hast  
 been my Help; Leave me not,  
 neither forsake me, O God of  
 my Salvation. *v. 13.* I had  
 fainted unless I had believed  
 to see the goodness of the  
 Lord in the Land of the Li-  
 ving. *v. 14.* Wait on the Lord.  
 Be of good courage, and he  
 shall strengthen thy Heart.  
 Wait I say on the Lord.

*Psal. 40. 4.* Blessed is the  
 Man that maketh the Lord  
 his trust, and respecteth not  
 the Proud, nor such as turn  
 aside to Lyes.

*Psal. 32. 1.* In thee, O  
 Lord, do I put my trust: Let  
 me never be ashamed. *V. 3.*  
 For thou art my Rock, and my  
 Fortrefs; therefore for thy  
 Name sake lead me and guide  
 me



mc. v. 23. O love the Lord,  
all ye Saints : For the Lord  
preserveth the Faithful. v. 24.  
Be of good courage, and he  
shall strengthen your Heart,  
all ye that hope in the Lord.

*Psa. 91. 2.* I will say of the  
Lord : He is my Refuge : and  
my Fortress : My God, in  
him will I trust.

*Psa. 94. 14.* For the Lord  
will not cast off his People, nei-  
ther will he forsake his Inhe-  
ritance. v. 19. In the multitude  
of my Thoughts within me,  
thy Comforts delighted my  
Soul.

*Psa. 102. 2.* Hide not thy  
Face from me in the Day  
when I am in trouble, incline  
thine Ear unto me. In the  
Day when I call, answer me  
speedily.

*Psa. 115. 11.* Ye that fear  
the Lord trust in the Lord.

He is their Help, and their Shield.

*Psa.* 112. 7. He shall not be affraid of evil tidings. His Heart is fixed trusting in the Lord.

*Psa.* 118. 5. I called upon the Lord in distress: The Lord answered me, and set me in a large place. *v.* 6. The Lord is on my side, I will not fear, what can man dounto me?

1. *Pet.* 4: 17. The time is come that Judgment must begin at the House of God: And if it first begin at us, what shall the end be of them that obey not the Gospel of God? *v.* 19. Wherefore let them that suffer according to the Will of God commit the keeping of their Souls to him in wel-doing, as unto a faithfu Creator.

2. *Thes.* 1. 6, 7. It is a Righteous thing with God to recompence tribulation to them that trouble you. And to you who are troubled, rest with us, when the Lord *Jesus Christ* shall be revealed from Heaven, &c.

2. *Thes.* 3. 3. The Lord is faithful, who shall stablish you, and keep you from evil.

These I have thought fit to transcribe, hoping that by Gods blessing they may prove useful and Comfortable to many others as they were to her. But besides she had collected many others, whereof (to prevent tediousness) I shall only give you the Heads.  
As

Promises to strengthen our Faith.

For Deliverance from all evil.

For assistance in times of trouble.

For the Resurrection of our Bodies.

For Eternal Glory with *Christ*.

That God will preserve his Children from Afflictions so far as it is good for them.

That God will qualify, and moderate their Afflictions when they do come; And proportion them to their Strength.

That Afflictions are sovereign Medicines to kill Lusts, and to cure spiritual Diseases.

Promises made to such as suffer in a Good Cause, for the Truth.

Promises of Deliverances from the Evil World.

Of Comfort to such as fall through Infirmary.

Promises



Promises made to such as  
are Ignorant.

Comforts against doubts  
and fears of losing the Love  
of God.

Comforts against forgetful-  
ness of Good things.

Comforts against fears of  
failing from God.

Comforts against dismay-  
edness under many and strong  
Corruptions.

Comforts against troubles  
arising from the want of the  
means of Grace, either in the  
whole, or in the Power of  
them.

Comforts to Gods Chil-  
dren in case of spiritual Diser-  
tion.

Promises of the continu-  
ance and Unchangeableness,  
of Gods Love.

Promises of Gods special  
and gracious presence with  
his

his Children.

Promises of Gods Protection and Providence over his.

Promises of bestowing *Christ*, and of many Blessings with him. As, of Redemption : Effectual Calling : Justification : Reconciliation : Adoption : Of bestowing the Spirit, for their Sanctification ; and all Spiritual Grace, As Faith ; Confidence in God ; Hope ; Joy ; Love to God : To *Christ* : To our Brethren : To Enemies : Of Obedience : Of Repentance ; Of Knowledge : Of audience of their Prayers : Of Mortification of Sin, &c.

Promises of assistance in Holy Duties.

Promises of Gods acceptance of our spiritual Sacrifices.

Promises

Promises of a blessing upon  
Holy Ordinances.

Promises made to the conscientious performance of sundry Duties. As, to Prayer: To a careful seeking of God: To watchfulness: To conscientious Sanctification of the *Lords Day*: For the preservation of his Church &c.

*In reading of Practical Authors she had collected, and set down many things which she found useful, and Comfortable to her Soul: As,*

Certain grounds of Comfort to build our Faith upon in times of Temptations.

Signs whereby we may know whether we be in Covenant with God or no.

Reasons why God made this Covenant with fallen Man.

What

What are the Gifts and priviledges of this Covenant.

*She bath also set down many Helps to provoke, and enable us to wait Gods leisure for the accomplishment of his Rich, and free Promises, though his Providences seem to run cross to them.*

And how we may be enabled to apply Gods Promises.

And in the Conclusion of all she thus Writes.

*It was the goodness of my God to remember me in my Youth, that so I might not forget him, neither in my Youth, nor in my Old Age.*

By all this it may appear what were the Gifts, and Graces wherewith the Lord had adorned her, and what her inward Beauty was: And as the Jewel was rare, so was the



the Cabinet wherein it was  
lodged, comly. And the  
Poet tels us

*Graviter est pulchro veniens e  
Corpore Virtus.*

That Virtue hath the greatest  
Grace.

That shineth through a Beau-  
teous Face.

And such truly was hers in  
her younger Dayes, and some  
Characters, and Lineaments of  
it continued in her Old Age,  
even to the last, as sundry Per-  
sons observed.

*Hallelujah.*

What was long since said  
of *Mrs Katherine Bretterg* may  
be fully applied unto her.

*Kathe-*

{ *Pura: Christo quam*  
*purgata,*  
*Vita, Christo pre-*  
*parata,*  
*Morte, Christo de-*  
*dicata,*  
*Cælis, Christo con-*  
*jugata.*

Katherina <

Prov. 31. 30. Favour is deceitful, and beauty is vain, but a Woman that feareth the Lord she shall be Praised.

## ERRATA.

**P**Age 4. Line 6. for *fa.* read *had.*  
 l. 7. r. Overton f. erton, p. 6. l. 1. r.  
 words f. word, p. 11. l. 22. add so, p. 12.  
 l. 15. r. when f. wen, p. 22. l. 9. 10. r. cor-  
 rupt times f. corruptions, p. 24. l. 9. r. all  
 so f. also, p. 29. l. 19. r. Household affairs,  
 p. 32. l. 14. add so, p. 33. l. 1. add to, p.  
 35. l. 3. r. arling. f. rutling, l. 6. add it,  
 p. 39. l. 4. dele an i, in Excessive, p. 35. l. 6.  
 add it, p. 60. l. 3. r. conquerours, l. 13. r.  
 sometime, p. 66. l. 25. r. Superscription, p.  
 72. l. 22. r. feareth f. searcheth.

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bert Stapylton.

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Cradocks Harmony.

Churchil Divi Britanici.

Elson on Colossians.

Knowledge and Practice, quæ

Principles, oct.

Quarto

Gunters works.

Barbers Sermon, Isa. 9. 6.

J. B. Sermon, Survey of Man

Job 14, 10.

Dod on the Lords Prayer.

Medice Cura Teipsum, of  
the Apothecaries plea against  
Doctor Christopher Meret.

William



*William* Lord Bishop of  
*Gloucester*, Entituled a plain  
 and full Exposition of the Ca-  
 techism of the Church of En-  
 gland.

*Edward* Lord Bishop of  
*Notwich*, Entituled, a Sermon  
 preached before the Peers at  
*Westminster* the 7. Nov. being  
 a day of solemn Humiliation  
 for the continuing Pestilence.

*Nat. Hardy* Dr. Entituled,  
 Justice Triumphant, &c. a  
 Sermon preached the 5, of No-  
 vem. ——— Entituled, The

pilgrims wish, a Sermon  
 preached at the Funeral of  
 Mrs. *Anne Dudson*.

——— Entituled, A loud Call  
 to great Mourning, a Sermon  
 preached on the 30. Jan. 1661.  
 before the Parliament.

——— Entituled, Lamentation,  
 Mourning and Wo, a Sermon  
 preached the Lords day after  
 the

the dismal Fire in the City of  
*London.*

———Entituled, the Royal  
Common-wealths Man, &c.  
a Sermon preached at the Fu-  
neral of Sir *Thomas Adams.*

*Sam. Drake* Dr. Entituled,  
ΘΕΟ ΔΙΑΚΟΝΟZ,  
&c. a Sermon preached at the  
Assizes at *York.* 1669.

———Entit. *Totum Hominis,*  
&c. a Sermon preached the 15,  
*March* at the Assizes in *York,*  
*Marriage of Arts* a play.

*Miser* a play.

*Bastard* a play.

*Chears* a play.

*Faithful Shepherdess* a play.

*Horatius* a play.

*Polyencles* a play,

*Combat of love and friend-  
ship* a play.

*Spanish Gipsie* a play.

*Fetters* place, the souls narrow  
search for sin, &c.

*Fetti.*

*Fettiplace* Christian Monitor earnestly and compassionately perswading sinners unto true and timely repentance.

English Dictionary, or expositor, the 12 Edition Revised and enlarged, by *S.C. duod.*

Compleat Bone-setter, o*ct.*

*Templum Musicum*, or the Musical Synop. o*ct.*

The famous game of Chess-play, o*ct.*

*Shelton's Tachygraphia*, Lat. o*ct.*

*Clarke's* Looking-glass for persecutors, o*ct.*

*Tillotson* and *Stillingfleet's* rule of faith, o*ct.*

Heathen Gods, o*ct.*

*Clavis Homerica*, o*ct.*

*Beverley's* Great Soul of Man, o*ct.*

— Death-bed Repentance, o*ct.*

*Warren's* principles of Christian Doctrine, o*ct.* *Janua*

*Janna Linguarum Novissi-*  
*ma, oct.*

*Commenii Vestibulum, oct.*

*Owen of Love, oct.*

*Savage Life, oct.*

*Buttler's Life, oct.*

*Syntaxis Erasmiانا, oct.*

*Johanne Betto M. D. Enti-*  
*tuled, De Ortu & Natura San-*  
*guinis, oct.*

*Thomas Elborow Entit. The*  
*famous Epistles of S. Polycarp*  
*and S. Ignatius Disciples to*  
*the holy Evangelist and Apo-*  
*stle S. John; with the Epistle*  
*of S. Barnabas, &c. oct.*

*Martials Epigrams by Bus-*  
*by, duod.*

*Tho. Mall*  
*&*  
*Theoph. Pol.*  
*weile,*

*Entit. Holy Li-*  
*ving, a seri-*  
*ous Exhortati-*  
*on thereunto,*  
*and choice Di-*  
*rections there-*  
*in, &c. duod.*

*W*



Wit Revived, *duod.*

Supplication of Saints, *duod.*

Butlers Rhetorick, *duod.*

Clark about comfort which  
Gods children have, or at  
the least earnestly desire and  
long after whilst they are in  
this World, together with the  
obstructions of comfort, and  
the removal of them, *duod.*

Jeofferies New years gift,  
*duod.*

Divine Examples of Gods  
severe Judgements upon Sab-  
bath breakers in their unlaw-  
ful sports, Collected out of  
several Divine subjects, *viz.*  
Master H, B. Master Beard, and  
the Practice of Piety: a fit mo-  
nument for our present times,  
&c.

A brief Remembrancer, or  
the right Improvement of  
Christ's Birth day.

A second sheet of old Ma-  
ster

fter *Dod's* sayings, or another  
Posie gathered out of Master  
*Dod's* Garden.

The Hunting for Money  
the first part:

The Hunting Match for  
Money the 2. part.

*Vennings* Alarm.

Muses fire-works upon the  
fifth of *November*, or the Pro-  
testant Remembrancer.

*Perkin's* whole - Duty of  
Man.

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F I N I S.

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